

Matagorda Nursing and Rehabilitation Center
June 2018 Newsletter
"Our Residents, Our Customers"

Administrator's Corner

Wow, 2018 is half over already! Time flies when you are having fun! Fun is coming to work each and every day to see all my residents' smiling faces! I can't tell you enough how much I love working here! The residents and staff are what bring me to work each day. Being the captain of this ship is enjoyable, rewarding, and so much fun! I appreciate you allowing me and the rest of the staff to take care of your loved ones. We work very hard each day to bring joy, happiness and fun to your loved ones lives.

As always, my door is always open if you have concerns, comments, or ideas to help us continue providing the best care in Matagorda County!

Cody D. Holloway, M.Ed., LNFA, ACHCA

Administrator



MNRC Staff in their Cinco de Mayo attire.

June Birthdays



Residents

Florine Harris	June 1 st
Irma Smith	June 7 th
Gregory Mulkey	June 11 th
Michael "JR" Horton	June 16 th
Mary Greer	June 21 st
Laverne Ward	June 29 th
Nannie Rodgers	June 30 th

Staff

Ruby Huerta	June 9 th
Jessica Sanchez	June 10 th
Laquiesha Francis	June 12 th
Laura Garza	June 19 th
Vanessa Rupe	June 19 th
Rosa Mendoza	June 21 st
Tiffany King	June 25 th
Juanita Martinez	June 26 th
Elizabeth Oros	June 30 th

June Observances

June 6 th	D-Day
June 14 th	Flag Day
June 17 th	Father's Day
June 21 st	First Day of Summer

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ATTENTION!

Family Council

3rd Saturday of every other Month @ 2:00 PM

The next meeting will be May 19, 2018

Meet in the Assisted Dining Room



Night Out with the Administrator @ K-2 Steak House. Activity Director, Tamarra Grainger and new resident, Wilma Vavra.



MNRC's own, J.R. Horton presents a check to the Texas Lions Camp from JR's Walkathon for Cerebral Palsy awareness.

Recipe of the Month

BLUEBERRY SOUR CREAM

POUND CAKE RECIPE



INGREDIENTS

- 6 eggs, *separated*
 - 1 cup butter, softened
 - 3 cups sugar
 - 1 teaspoon almonds extract
 - 1 teaspoon vanilla extract
 - 1 teaspoon butter flavoring
 - 3 cups all-purpose flour
 - 1/4 teaspoon baking soda
 - 1 cup (8 ounces) sour cream
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- 1-1/2 cups fresh or frozen blueberries

DIRECTIONS

Let eggs stand at room temperature for 30 minutes. In a large bowl, cream butter and sugar until light and fluffy. Add egg yolks, one at a time, beating well after each addition. Add the extracts and butter flavoring. Combine flour and baking soda; add to creamed mixture alternately with sour cream, beating well after each addition. In another bowl and with clean beaters, beat egg whites on high

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speed until stiff peaks form. Fold into batter.
Fold in blueberries.

Spoon into a greased and floured 10-in. tube pan. Bake at 350° for 60-70 minutes or until a toothpick inserted in the center comes out clean. Cool for 10 minutes before removing from pan to a wire rack to cool completely. **Yield:** 16-20 servings.



Salon Services

The MNRC salon is open every **WEDNESDAY or THURSDAY** starting about 9:00 AM. If your loved one needs a haircut, trim, etc.....please let us know. Make sure he/she has money in his/her trust account. If your loved one does not have a trust account, we would be more than happy to hold money for the beautician, Janel Duran.

Medical Tidbits

Huntington's Disease

Huntington's disease is a progressive brain disorder caused by a single defective gene on chromosome 4.

Symptoms: Include abnormal involuntary movements, a severe decline in thinking and reasoning skills, and irritability, depression and other mood changes.

Brain changes: The gene defect causes abnormalities in a brain protein that, over time, lead to worsening symptoms.

Wernicke-Korsakoff Syndrome

Korsakoff syndrome is a chronic memory disorder caused by severe deficiency of thiamine (vitamin B-1). The most common cause is alcohol misuse.

Symptoms: Memory problems may be strikingly severe while other thinking and social skills seem relatively unaffected.

Brain changes: Thiamine helps brain cells produce energy from sugar. When thiamine levels fall too low, brain cells cannot generate enough energy to function properly.

"Gone but not forgotten"

April 2018 – May 2018

Donna Sparks

Carol Sapp



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MNRC LEADERSHIP TEAM

Cody D. Holloway, M.Ed.....Administrator
Darlene Boatwright, RN.....Director of Nursing
Beatrice Hawes, LVN.....Asst. Director of Nurses
Vanessa Rupe, LVN.....Asst. Director of Nurses
Boni Powell, LVN.....Asst. Director of Nurses
Tonya Piwonka, RN.....Marketing/Admissions
Zoila Luna.....Business Office Manager
Dana Horton.....Asst. Business Office Manager
Rod Eatherly, LBSW.....Social Services
Lynn Kulish.....Medical Records Clerk
Beverly Boudreaux.....Facility Concierge
Tamarra Grainger.....Activity Director
Deanna Nevarez.....Dietary Supervisor
Paula Vela.....HK/Laundry Supervisor
Eric Schnupp Director of Maintenance



Ms. Johnnie Fields enjoying her dinner during Hamburger Basket Night.



GONE BUT NEVER FORGOTTEN!

Ms. Donna Sparks